

## Health and Social Care Level 3

### ВИРТУАЛЬНЫЙ ПРАКТИКУМ

#### Демо-версия

#### **Структура курса**

##### **Promoting Communication**

###### Aims and Objectives

- Aims and Objectives: Promoting Communication

###### i-ACT: Communication and Confidentiality

- Communication Types and Using Effective Communication to Support Service Users
- Interpersonal Interaction
- Confidentiality
- Types of Communication
- Communication and Confidentiality
- Communication and Confidentiality

###### i-ACT: Communication Barriers

- Communication and Language Needs and Preferences
- Physical Barriers to Communication
- Barriers to Communication
- Communication Aids and Barriers
- Aids and Barriers to Communication
- Aids and Barriers to Communication

##### **Engaging in Personal Development**

###### Aims and Objectives

- Aims and Objectives: Engaging in Personal Development

###### i-ACT: Competence and Development

- Competence
- Personal Development
- Gibbs' Reflective Cycle
- Competence and Development
- Competence and Development

###### i-ACT: Performance Evaluation

- Performance Evaluation
- Reflecting on a Work Activity
- Reflection and Performance Evaluation
- Performance Evaluation
- Reflecting on a Work Activity

##### **Promoting Equality and Inclusion**

###### Aims and Objectives

- Aims and Objectives: Promoting Equality and Inclusion

###### i-ACT: Importance of Equality and Inclusion

- What Is Equality?

- Diversity and Protected Characteristics
- Equality and Inclusion Definitions and Legislation
- Equality and Inclusion
- The Equality Act 2010
- Importance of Equality and Inclusion

**i-ACT: Equality and Diversity**

- Legislation, Rights and Codes of Practice
- Working in an Inclusive Way
- Promoting Diversity, Equality and Inclusion
- Legislation and Codes of Practice
- Promoting Diversity, Equality and Inclusion
- Equality and Diversity

**Implementing Duty of Care**

**Aims and Objectives**

- Aims and Objectives: Implementing Duty of Care

**i-ACT: Understanding Duty of Care and Safe Practice**

- Duty of Care
- Safe Practices
- Duty of Care and Safe Practice
- Duty of Care and Safe Practice

**i-ACT: Implementing Duty of Care**

- Implementing Duty of Care
- Implementing Duty of Care
- Implementing Duty of Care
- Complaints Procedure

**Principles of Safeguarding and Protection**

**Aims and Objectives**

- Aims and Objectives: Principles of Safeguarding and Protection

**i-ACT: Recognising Abuse**

- What Is Abuse?
- Signs and Indicators of Abuse
- Signs of Abuse
- Recognising Abuse

**i-ACT: Responding to Abuse**

- Responding to Suspected or Alleged Abuse
- National and Local Context of Safeguarding
- Responding to Abuse
- Responding to Abuse

**The Role of the Health and Social Worker**

**Aims and Objectives**

- Aims and Objectives: The Role of the Health and Social Worker

**i-ACT: Working with the Employer**

- Working with the Employer
- Working with the Employer
- Working with the Employer

**i-ACT: Working with Others**

- Working with Others
- Working with Others
- Working with Others

**Promoting Person-Centred Approaches**

**Aims and Objectives**

- Aims and Objectives: Promoting Person-Centred Approaches

**i-ACT: Understanding and Risk Assessment**

- Person-Centred — Definition, Values and Approaches
- Key Concepts of Applying Person-Centred Values in Practice
- Risk Assessment
- Values and the 6 Cs
- Risk Assessment
- Understanding and Risk Assessment
- Risk Assessment

**i-ACT: Individual Rights**

- Person-Centred Care
- Person-Centred Planning
- Choices
- Consent
- Choices Person-Centred Care
- Consent Person-Centred Approach
- Individual Rights

**i-ACT: Participation and Wellbeing**

- Promoting Active Participation
- Active Participation Benefits
- Wellbeing
- Promoting Active Participation
- Participation and Wellbeing
- Participation and Wellbeing
- Active Participation

**Promoting Health and Safety**

**Aims and Objectives**

- Aims and Objectives: Promoting Health and Safety

**i-ACT: Managing Responsibility**

- Health and Safety Legislation and Regulations That Affect Health and Social Care Settings
- Managing Stress in a Health and Social Care Setting
- Managing Responsibility
- Health and Safety Legislation and Regulations That Affect Health and Social Care Settings

- Managing Responsibility
- i-ACT: Reduction of Infection**
  - Reduction of Infection
  - Preventing Infection
  - Reduction of Infection
  - Reduction of Infection
- i-ACT: Hazardous Material**
  - Hazardous Materials Legislation
  - Hazards and Substances in the Workplace
  - Storing and Disposing of Hazardous Materials
  - Hazardous Materials
- i-ACT: Moving and Handling**
  - Moving and Handling
  - Moving and Handling Legislation
  - Moving and Handling
  - Moving and Handling Legislation
  - Moving and Handling
- i-ACT: Fire and Security Measures**
  - Fire Safety in a Health and Social Care Setting
  - Keeping People Safe in a Health and Social Care Setting
  - Keeping Property Safe in a Health and Social Care Setting
  - Fire Safety in the Workplace
  - Fire and Security Measures
  - Fire and Security Measures
- i-ACT: Responding to Accidents**
  - Responses, Responders and Reporting
  - Accident and Illness — Descriptions and Symptoms
  - How to Respond to Illness and Accidents
  - Accidents, Incidents and Illness
  - Responding to Accidents
  - Responding to Accidents

### **Good Practice in Handling Information**

#### **Aims and Objectives**

- Aims and Objectives: Good Practice in Handling Information

#### **i-ACT: Information Control and Support**

- Handling Personal Information
- Confidentiality and Legislation
- Information to Include in Records
- Data Protection
- Types of Data
- Information Control and Support

### **Infection Prevention and Control**

<b>Aims and Objectives</b>	Демо-версия
- Aims and Objectives: Infection Prevention and Control	✓
<b>i-ACT: Causes of Infection</b>	Демо-версия
- What Is Infection?	✓
- Causes of Infection	✓
- Causes of Infection	✓
- Signs and Symptoms of Infection	✓
- Causes of Infection	✓
<b>i-ACT: Transmission and Spread of Infection</b>	Демо-версия
- The Chain of Infection	✓
- Natural Entry and Exit Points of Infection	✓
- Unnatural Entry and Exit Points of Infection	✓
- Spreading Infection	✓
- Spread of Infection	✓
- The Chain of Infection	✓
- Transmission and Spread of Infection	✓
<b>i-ACT: Control of Infection</b>	Демо-версия
- Breaking the Chain of Infection	✓
- Personal Responsibilities in Infection Control	✓
- Control of Infection	✓
- Control of Infection	✓
<b>i-ACT: Infection Legislation</b>	Демо-версия
- Infection Legislation	✓
- Complying with Infection Legislation	✓
- Infection Legislation	✓
- Risk Assessment	✓
- Infection Legislation	✓
<b>i-Practice: Handwashing</b>	Демо-версия
- Handwashing	✓
- Handwashing (Assessment)	✓

## **Support for Mobility**

### **Aims and Objectives**

- Aims and Objectives: Support for Mobility

### **i-ACT: The Importance of Mobility**

- The Importance of Mobility
- Health Conditions Affecting Mobility
- The Impact of Reduced Mobility
- Promoting Mobility
- The Importance of Mobility
- The Importance of Mobility

**i-ACT: Preparation and Support for Mobility Activities**

- Participating in Exercise
- Mobility Activity Benefits
- Supporting Activities
- Positive Outcomes of Exercise
- Preparation and Support for Mobility Activities
- Mobility Activity Outcomes
- Preparation and Support for Mobility Activities

**i-ACT: Supporting Mobility Safely and Confidentially**

- Supporting Mobility Changes
- Safe Moving and Handling
- Keeping Mobility Records Confidential
- Moving and Handling Risk Assessment (TILEO)
- Supporting Mobility Safely and Confidentially
- Supporting Mobility Safely and Confidentially

**i-ACT: Mobility Equipment and Consumables**

- Mobility Equipment
- Walking Aids — Sticks and Frames
- Wheelchairs
- Wheelchair Parts and Maintenance
- Mobility Equipment and Consumables
- Wheelchair Components and Maintenance
- Mobility Equipment and Consumables

**i-Practice: Using a Wheelchair**

- Preparing a Wheelchair for Use
- Preparing a Wheelchair for Use (Assessment)
- Using a Wheelchair
- Using a Wheelchair (Assessment)
- Helping a Service User to Get Out of a Wheelchair
- Helping a Service User to Get Out of a Wheelchair (Assessment)

**i-Practice: Using a Walking Stick**

- Using a Walking Stick
- Using a Walking Stick (Assessment)

**i-Practice: Using a Walking Frame**

- Using a Walking Frame
- Using a Walking Frame (Assessment)

**i-Practice: Moving and Positioning**

- Moving and Positioning of a Service User in a Bed
- Moving and Positioning of a Service User in a Bed (Assessment)

**Eating and Drinking (Incl. Food Safety Requirements and Nutrition)**

**Aims and Objectives**

Демо-версия

- Aims and Objectives: Eating and Drinking (Incl. Food Safety Requirements and Nutrition) ✓

<b>i-ACT: At Risk Groups and Food and Drink Hazards</b>	<b>Демо-версия</b>
- Identifying Vulnerable Individuals	✓
- Issues Concerning Food and Drink	✓
- At Risk Groups and Food and Drink Hazards	✓
- At Risk Groups and Food and Drink Hazards	✓
<b>i-ACT: Meal Choices and Delivering Care</b>	<b>Демо-версия</b>
- Meal Choices	✓
- Delivering Care When Handling Food and Drink	✓
- Meal Choices	✓
- Delivering Care When Handling Food and Drink	✓
- Meal Choices and Delivering Care	✓
<b>i-ACT: Meal Preparation and Hygiene</b>	<b>Демо-версия</b>
- Importance of Hygiene	✓
- Meal Preparation	✓
- Importance of Hygiene	✓
- Meal Preparation	✓
- Meal Preparation and Hygiene	✓
<b>i-ACT: Safety in Storing and Clearing Meals</b>	<b>Демо-версия</b>
- Storing Food and Drink	✓
- Safe Use by Dates	✓
- Clearing Meals	✓
- Storing Food and Drink	✓
- Safe Use by Dates and Clearing Meals	✓
- Storing and Clearing Meals	✓
<b>i-ACT: Equipment for Independent Eating and Drinking</b>	<b>Демо-версия</b>
- Supporting Independent Eating and Drinking	✓
- Specialist Equipment for Eating and Drinking	✓
- Supporting Independent Eating and Drinking	✓
- Specialist Equipment for Eating and Drinking	✓
- Equipment for Independent Eating and Drinking	✓
<b>i-Practice: Eating and Drinking</b>	<b>Демо-версия</b>
- Eating and Drinking	✓
- Eating and Drinking (Assessment)	✓

## **Personal Care Needs**

### **Aims and Objectives**

- Aims and Objectives: Personal Care Needs

### **i-ACT: Personal Care Needs**

- Toilet Support
- Toilet Protocol

- Toilet Privacy and Protocol
- Toilet Support and Tools
- Toilet Tools
- Toilet Support and Protocol
- i-ACT: Personal Hygiene and Appearance Support**
  - Personal Hygiene Support
  - Basics of Hygiene and Appearance Support
  - Comfort and Preference in Appearance
  - Hygiene and Health
  - Personal Hygiene and Appearance Support
- i-ACT: Supporting and Management of Continence and Equipment**
  - Incontinence and Equipment
  - Bladder Anatomy
  - Male Anatomy
  - Female Anatomy
  - Constipation
  - Incontinence
  - Anatomy of the Bladder
  - Incontinence
  - Incontinence Causes and Types
- i-ACT: Legislation in Personal Care**
  - Legislation and Care Needs
  - Personal Protective Equipment
  - Legislation in Personal Care
  - Legislation Purpose
  - Infection Risk and Personal Protective Equipment
- i-ACT: Equipment and Consumables in Personal Care**
  - Equipment, Aids and Adaptations
  - Health and Social Care Professionals
  - Equipment and Consumables Required for Personal Care
  - Equipment, Aids and Adaptations
  - Equipment, Aids and Adaptations
  - Equipment and Consumables Required for Personal Care
- i-Practice: Toileting**
  - Toileting Setup
  - Toileting Setup (Assessment)
  - Toileting Clean-Up
  - Toileting Clean-Up (Assessment)
- i-Practice: Commode**
  - Commode Setup
  - Commode Setup (Assessment)
  - Commode Clean-Up
  - Commode Clean-Up (Assessment)



**i-Practice: Bedpan**

- Bedpan Setup
- Bedpan Setup (Assessment)
- Bedpan Clean-Up
- Bedpan Clean-Up (Assessment)

**i-Practice: Urinal**

- Urinal Setup
- Urinal Setup (Assessment)
- Urinal Clean-Up
- Urinal Clean-Up (Assessment)

**i-Practice: Cosmetics**

- Cosmetics
- Cosmetics (Assessment)

**i-Practice: Pads**

- Pads Setup
- Pads Setup (Assessment)
- Changing Pads and Clean-Up
- Changing Pads and Clean-Up (Assessment)

**i-Practice: Bed Wash**

- Bed Wash. Preparation, Teeth, Face, Ears, Neck
- Bed Wash. Preparation, Teeth, Face, Ears, Neck (Assessment)
- Bed Wash. Arms, Hands, Chest, Lower Body
- Bed Wash. Arms, Hands, Chest, Lower Body (Assessment)
- Bed Wash. Back, Buttocks, Genitals
- Bed Wash. Back, Buttocks, Genitals (Assessment)

**i-Practice: Hair Care**

- Bed Hair Wash
- Bed Hair Wash (Assessment)
- Styling the Hair
- Styling the Hair (Assessment)

**i-Practice: Nail Care**

- Nail Care
- Nail Care (Assessment)

**i-Practice: Fitting Prostheses and Orthoses**

- Fitting a Prosthetic Leg
- Fitting a Prosthetic Leg (Assessment)
- Fitting Dentures
- Fitting Dentures (Assessment)

**i-Practice: Shaving Facial Hair**

- Shaving Facial Hair with an Electric Shaver
- Shaving Facial Hair with an Electric Shaver (Assessment)
- Shaving Facial Hair with a Wet Razor
- Shaving Facial Hair with a Wet Razor (Assessment)

**i-Practice: Skin Care**

- Skin Care
- Skin Care (Assessment)

**Support Individuals with Specific Communication Needs**

**Aims and Objectives**

- Aims and Objectives: Support Individuals with Specific Communication Needs

**i-ACT: Establishing the Nature of Specific Communication Needs and Factors**

- The Cycle of Communication
- Methods of Communication
- Communication Needs and Factors
- Communication Do's and Don'ts
- Communication Cycle, Needs and Factors
- Communication Tips
- Communication Needs and Factors

**i-ACT: Promoting and Interacting with Individual's Preferred Method of Communication**

- Supporting Effective Communication
- Communication and Overcoming Any Difficulties
- Environmental Features
- Promoting Interaction
- Promoting Effective Communication
- Promoting and Supporting Effective Communication

**i-ACT: Specific Communication Needs Legislation and Guidance**

- Quick Links
- The Main Acts Impacting Communication
- Communication Guidelines
- Legislation and Guidance
- Specific Communication Needs Legislation Dates
- Specific Communication Needs Legislation and Guidance

**i-ACT: Communication Technology and Aids**

- Aiding Communication
- Communication Systems
- Assessing Communication Needs
- Communication Aids and Equipment
- Using Communication Technology
- Communication Problems and Aids
- Communication Needs
- Braille

**i-Practice: Inserting a Moulded Hearing Aid**

- Inserting a Moulded Hearing Aid
- Inserting a Moulded Hearing Aid (Assessment)
- Inserting an Open Fit Hearing Aid
- Inserting an Open Fit Hearing Aid (Assessment)

- Maintaining a Moulded Hearing Aid
- Maintaining a Moulded Hearing Aid (Assessment)
- Maintaining an Open Fit Hearing Aid
- Maintaining an Open Fit Hearing Aid (Assessment)

**i-Practice: Using a BLISS Book**

- Using a BLISS Book
- Using a BLISS Book (Assessment)

**i-Practice: Using Flash Cards**

- Using Flash Cards
- Using Flash Cards (Assessment)

**Medication**

**Aims and Objectives**

- Aims and Objectives: Medication

**i-ACT: Medication Legislation**

- Medication Legislation
- Medicines Acts, Regulations and Guidance
- Legal Classification, Safe Handling
- Mental Capacity and Confidentiality
- Medication Legislation
- Medicines Acts, Regulations and Guidance
- Medication Legislation

**i-ACT: Medication Types and Their Use**

- Medication Categories, Information Sources and Problems
- Common Conditions and Monitoring Effects
- Non-Conventional Medicines and Therapies
- Medication Types and Their Use
- Managing Adverse Reactions
- Medication Types and Their Use

**i-ACT: Administration of Medication**

- The Prescription
- Prescribers and Pharmacists
- Forms of Medication and How to Administer Them
- Administering Medication
- Administering Medication

**i-ACT: Receiving, Storing and Disposing of Medication Supplies Safely**

- Ordering, Receiving and Recording Medication Supplies
- Storing Medication Supplies
- Disposal of Medication
- Ordering Medication
- Receiving, Storing and Disposing of Medication Supplies Safely
- Storing Medication

**i-ACT: Promoting and Supporting the Individual's Rights in Managing Medication**

- Self-Medication and Active Participation
- Sources of Information on Medication
- Hygiene, Health and Safety and Pitfalls
- Medication — Further Support
- Managing Medication
- Supporting the Individual's Medication Rights

**i-ACT: Recording and Reporting on the Use of Medication**

- Recording and Reporting
- Top Tips and Key Points
- Audit and Inspection
- Recording and Reporting on the Use of Medication
- Medication Administration
- Recording and Reporting on the Use of Medication

**i-Practice: Administering Medication**

- Administering Medication in a Residential Social Care Setting
- Administering Medication in a Residential Social Care Setting (Assessment)

**Supporting Individuals in Using Assistive Technology**

**Aims and Objectives**

- Aims and Objectives: Supporting Individuals in Using Assistive Technology

**i-ACT: Range and Purpose of Assistive Technology**

- What Is Assistive Technology?
- Who Uses Assistive Technology?
- What Can Assistive Technology Do?
- Assistive Technology
- Uses and Users of Assistive Technology
- Assistive Technology

**i-ACT: Support Selection and Use of Assistive Technology**

- Supporting Individuals with Assistive Technology
- Use of Assistive Technology
- Supporting Individuals with Assistive Technology
- Supporting Individuals with Assistive Technology